Understanding the New Hospice Outcomes and Patient Evaluation (HOPE) Assessment Tool

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About the Presenter

Stephanie Beebe, MN, RN

I have been a hospice nurse for over a decade with 5 of those years being Hospice Quality Program Manager. During my tenure at EvergreenHealth Hospice, I have successfully navigated through the Targeted Probe and Educate program and other audits, and I am now managing a hospice admission team.

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<table>
<thead>
<tr>
<th>Learning Objectives</th>
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<tbody>
<tr>
<td>At the end of this presentation, participants will understand:</td>
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<tr>
<td>An overview of the HOPE assessment tool</td>
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<td>Why the HOPE assessment will replace the HIS in the HQRP</td>
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<td>What disciplines will be able to complete the HOPE assessment</td>
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<td>HOPE assessment development by CMS</td>
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What is Hospice Outcomes and Patient Evaluation (HOPE) Assessment Tool?

CMS is currently in development of new hospice patient assessment tool called Hospice Outcomes and Patient Evaluation (HOPE)

HOPE will consist of ongoing multidisciplinary assessments throughout patient stay

Finalized in the FY 2020 Hospice Wage Index and Payment Rate Update

HOPE will replace the Hospice Item Set
Hospice Quality Reporting Program (HQRPP)

Background and current & future state
Hospice Quality Reporting Program (HQRP)

- Established under section 1814(i)(5) of the Social Security Act
- Medicare-certified hospices must comply with HQRP requirements
- Currently “pay-for-reporting”
  - Timely submissions/acceptance of data determines compliance
- Failure to comply with HQRP will result in a 4% reduction to the Annual Payment Updates

Current HQRP

Hospice Visits in Last Days of Life* (HVLDDL)

Consumer Assessment of Healthcare Providers and Systems Survey (CAHPS Survey)

Hospice Care Index* (HCI)

Hospice Item Set (HIS)

*claims-based measure

Hospice Quality Reporting Program
Future HQRP

Hospice Visits in Last Days of Life*

CAHPS Survey
Consumer Assessment of Healthcare Providers and Systems Survey

Hospice Care Index*

Hospice Outcomes and Patient Evaluation

HQRP Hospice Quality Reporting Program

*claims-based measure
Recent Changes to the HQRP

- **HVLDL**: NEW addition to HQRP 2022
- **HCI**: NEW addition to HQRP 2022
- **CAHPS Survey**: NEW Star Ratings 2022
- **HOPE**: NEW Assessment; Beta Testing Phase Completed

Make sure to review and download your HQRP data from CASPER!
HQRnP Information is Publicly Reported

• **HQRnP information** is found on Medicare’s Care Compare website

• In **August 2022**, Care Compare began displaying:
  • HVLDL
  • HCI
  • CAHPS Hospice Star ratings

https://www.medicare.gov/care-compare/
HOPE Assessment Tool

What we know so far
HOPE Development by CMS

Cognitive Testing
- Completed January 2021

Alpha Testing
- Completed

Beta Testing Analysis

We are here

Beta Testing
- Completed October 2022

Future Rulemaking for implementation

Creation of final version of HOPE
HIS vs. HOPE

**HIS**

- Abstraction tool at **admission** and **discharge**
- **Process** measures
- Captures **clinical preferences** of patient
- 7 HIS measures have generally “topped out” with **no additional room for improvement**

**HOPE**

- Assessments performed **throughout patient stay**
- **Outcome** measures
- Captures **clinical, spiritual, psychosocial, and emotional needs** and goals
- Will potentially lead to development of **additional** hospice quality measures and/or payment refinements
HOPE Assessment – Objectives

Primary objectives:
1. **Standardized data collection** to ensure quality data for HQRP
2. Provide **additional clinical information** that could lead to **future hospice payment refinements**

Other objectives:
- Provide information to hospices to help inform QAPI initiatives
- Include multidisciplinary efforts in assessment process
- Assist with hospice team care planning
- Align with Conditions of Participation
HOPE Assessment – Overview

Demographic information

Similar to HIS requirements

Multidisciplinary assessment

Nursing

Social Work

Spiritual Care

Assessments performed at routine intervals during hospice stay

Admission

Throughout stay

Discharge
HOPE Demographic Information

- Hospice demographic information
  - Provider number
- Patient demographic information
  - Gender
  - Race

With CMS’s increased focus on health disparities, would expect to see an expanded list of race and ethnicity options on HOPE.

<table>
<thead>
<tr>
<th>A1010. Race</th>
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<tbody>
<tr>
<td>What is your race?</td>
</tr>
<tr>
<td>Check all that apply</td>
</tr>
<tr>
<td>□ A. White</td>
</tr>
<tr>
<td>□ B. Black or African American</td>
</tr>
<tr>
<td>□ C. American Indian or Alaska Native</td>
</tr>
<tr>
<td>□ D. Asian Indian</td>
</tr>
<tr>
<td>□ E. Chinese</td>
</tr>
<tr>
<td>□ F. Filipino</td>
</tr>
<tr>
<td>□ G. Japanese</td>
</tr>
<tr>
<td>□ H. Korean</td>
</tr>
<tr>
<td>□ I. Vietnamese</td>
</tr>
<tr>
<td>□ J. Other Asian</td>
</tr>
<tr>
<td>□ K. Native Hawaiian</td>
</tr>
<tr>
<td>□ L. Guamanian or Chamorro</td>
</tr>
<tr>
<td>□ M. Samoan</td>
</tr>
<tr>
<td>□ N. Other Pacific Islander</td>
</tr>
<tr>
<td>□ X. Patient unable to respond</td>
</tr>
<tr>
<td>□ Y. Patient declines to respond</td>
</tr>
<tr>
<td>□ Z. None of the above</td>
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Race options from OASIS-E
Multidisciplinary Assessment – Conditions of Participation

§418.54(b) Standard: Timeframe for completion of the comprehensive assessment

- The hospice interdisciplinary group, in consultation with the individual’s attending physician (if any), must complete the comprehensive assessment no later than 5 calendar days after the election of hospice care in accordance with §418.24.

§418.54(c) Standard: Content of the comprehensive assessment

- The comprehensive assessment must identify the physical, psychosocial, emotional, and spiritual needs related to the terminal illness that must be addressed in order to promote the hospice patient’s well-being, comfort, and dignity throughout the dying process.
HOPE Assessment – Nursing

• Focus on **physical** needs
• Pain and symptom severity
  • Anticipate reassessment of problematic symptoms
• Potential overlaps with OASIS and IMPACT Act Assessments, such as:
  • Functional Status, Cognitive Function, and Changes in Function and Cognitive Function
  • Skin Integrity and Changes in Skin Integrity
  • Medication Reconciliation
  • Incidence of Major Falls
HOPE Assessment – Social Work

- Focus on psychosocial and emotional needs
- Anticipatory grief and bereavement
- Caregiving needs

### Patient Mood Interview from OASIS-E

**DO150. Patient Mood Interview (PHQ-2 to 9)**

**Say to patient:** "Over the last 2 weeks, have you been bothered by any of the following problems?"

If symptom is present, enter 1 [yes] in column 1, Symptom Presence.
If yes in column 1, then ask the patient: "About how often have you been bothered by this?"

Read and show the patient a card with the symptom frequency choices. Indicate response in column 2, Symptom Frequency.

<table>
<thead>
<tr>
<th>1. Symptom Presence</th>
<th>2. Symptom Presence</th>
</tr>
</thead>
<tbody>
<tr>
<td>0. No (enter 0 in column 2)</td>
<td>0. Never or 1 day</td>
</tr>
<tr>
<td>1. Yes (enter 0-3 in column 2)</td>
<td>1. 2-6 days (several days)</td>
</tr>
<tr>
<td>9. No response (leave column 2 blank)</td>
<td>2. 7-11 days (half or more of the days)</td>
</tr>
<tr>
<td>8. 12-14 days (nearly every day)</td>
<td></td>
</tr>
</tbody>
</table>

- **A.** Little interest or pleasure in doing things
- **B.** Feeling down, depressed, or hopeless
- **C.** Trouble falling or staying asleep, or sleeping too much
- **D.** Feeling tired or having little energy
- **E.** Poor appetite or overeating
- **F.** Feeling bad about yourself – or that you are a failure or have let yourself or your family down
- **G.** Trouble concentrating on things, such as reading the newspaper or watching television
- **H.** Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual
- **I.** Thoughts that you would be better off dead, or of hurting yourself in some way

If either DO150A2 or DO150B2 is coded 2 or 3, CONTINUE asking the questions below. If not, END the PHQ Interview.

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HOPE Assessment – Spiritual Care

• Focus on **spiritual needs**
  • Patient and caregivers
• Expect to see more **expanded assessment questions** related to spirituality, religion
• Types of spiritual care assessments:
  • CSI-MEMO
  • FICA
  • HOPE
  • FAITH
  • SPIRIT
  • FACT

Spiritual Care Assessments from: [https://www.professionalchaplains.org/files/publications/chaplaincy_today_online/volume_28_number_1/28_1laroccapitts.pdf](https://www.professionalchaplains.org/files/publications/chaplaincy_today_online/volume_28_number_1/28_1laroccapitts.pdf)
HOPE Assessments Performed at Routine Intervals

• HOPE has a focus on **Outcome Measures**
  • To assess improvement (e.g., symptoms) re-assessments are required

• Symptom re-assessment within designated time frames
  • Retired Hospice Measure NQF #0209
    • Reassessment of pain within 48 hours if patient was uncomfortable due to pain

• Reassessments at routine intervals
  • Benefit periods or # of days

• At discharge
Future Implications

“History doesn’t repeat itself, but it often rhymes”
- Mark Twain
Reading the Tea Leaves for the Future

HOPE

HIS
OASIS
CoPs
IMPACT
Act

HOPE
HOPE Development by CMS

- **Cognitive Testing**
  - Completed January 2021

- **Alpha Testing**
  - Completed

- **Beta Testing**
  - Completed October 2022
  - We are here

- **Beta Testing Analysis**

- **Creation of final version of HOPE**

- **Future Rulemaking for implementation**

- **Value Based Purchasing**
  - “Pay for Performance”

- **HOPE Star Ratings**
How to Prepare

• Work closely with your EMR/EHR vendor
• Keep up-to-date with HOPE and HQRP updates
  • CMS list serves, Proposed and Final Wage Index Rules, Webinars, Conferences
• Keep up to date with your HQRP and other reports
  • QIES, CASPER, PEPPER
• Learn from/partner with your Home Health peers
  • e.g., implement fall reporting
• Prepare your staff and keep them up-to-date
Q&A

Let’s hear your questions!
Links and Resources

HOPE

HQRPs

IMPACT Act of 2014

OASIS Data Sets
https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/HomeHealthQualityInits/OASIS-Data-Sets