

professional practices exchange session descriptions, faculty bios



Livestream/Recorded

Regulatory/Administrative

Clinical

Psychosocial/Spiritual Care

Monday, September 26, 2022 (updated 9/15/22)

KEYNOTE: Why Advocacy Is Needed Now More Than Ever! Oregon State Senator Sara Gelser Blouin, District 8 - Corvallis, Albany, Philomath, Millersburg, Tangent and unincorporated parts of Linn and Benton County and Representative Rachel Prusak, District 37 – Tualatin/West Linn

SESSION DESCRIPTION: During this challenging time of contentious political discourse and fractious partisan politics, the advocacy of every citizen is needed more than ever. This includes Healthcare providers of all types and especially Hospice and Palliative Care providers! Hear from two champions of Hospice and Palliative Care, who each shepherded three bills of interest to Hospice and Palliative Care patients and providers through passage during the 2019 and 2021 legislative sessions. For their efforts, Senator Sara Gelser Blouin and Representative Rachel Prusak were jointly awarded the Elizabeth Wessinger Award in 2019 for making a difference for end-of-life care in our state. The Elizabeth Wessinger Award celebrates the individual whose spirit and actions contribute to the improvement and advancement of hospice and palliative care beyond their own community. Come and be inspired to see how your advocacy can make a difference.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to list 1) How an idea becomes a bill that proposes new legislation; 2) ways in which Hospice and Palliative-Care providers can let their State Senators and Representatives know how you feel about legislation; 3) reasons why it's important to have your voices be heard in Salem!

PRESENTER BIO(S): Sara Gelser was sworn into the Oregon House in 2005 and was elected to the Oregon State Senate in 2014. She is Chair of the Senate Human Services Committee and also serves on the Judiciary Committee, the Education Committee, the Mental Health Committee and the Joint Transportation Committee. In 2010, President Barack Obama appointed Sara to the National Council on Disability. The nomination was confirmed by a unanimous vote of the US Senate.

Sara's legislative accomplishments include strengthening Oregon's rape statute, the creation of a charitable pharmacy program, expansion of Oregon's mandatory child abuse reporting law, the establishment of statewide standards for modified and extended diplomas, strengthening protections for seniors and people with disabilities who are victims of abuse and neglect, strong anti-tobacco initiatives, establishing transparent child welfare fatality reviews known as CIRTs and reducing barriers for access to medical and support services for children with disabilities. In 2007, Sara spearheaded Karly's Law which improves child abuse investigations across the state. She is currently leading Oregon's workgroup to implement the national Family First Prevention Services Act. Sara also played a key role in making Oregon one of the very first states in the nation to achieve recognition for full rape kit reform by the Joyful Heart Foundation.

Sara was featured as one of Time Magazine's "Person of the Year" Silence Breakers in 2017, was honored by the Portland City Club with the Oregon Courage Award in 2019, received the Oregon Center for Women's Leadership Transforming Policy Award in 2018, and was given the Voice for Justice Award by the National Crime Victim Law Institute in 2017.

Rachel Prusak has worked on the frontlines of healthcare, dedicating herself to vulnerable communities for over two decades. She received her Bachelor of Science in Nursing from Northeastern University in Boston where she was born and raised, and her master's in nursing from Frontier Nursing Service. She is a board certified family nurse practitioner currently serving chronically ill community members who reside at home or in long-term care facilities, including assisted living, memory care, adult care homes, behavioral health, and intellectual and developmental disability residential facilities. Previously she served as an ambassador to the national health service corp and provided

healthcare to communities across the country with an emphasis on primary care, addiction treatment and reproductive health care.

She is passionate about elevating the voices of vulnerable community members and the workers who care for them. She ran for office because she believes nurses belong in leadership positions and at all tables where decisions are being made. Representative Prusak served as the chair of the House Healthcare Committee for two sessions, where she shepherded legislation through the House and Senate and saw them signed into law. Many of these laws addressed systemic inequities in policy and service delivery and paved the way for change—for instance, policies to address health equity, public health, and support for healthcare workers.

NEW Medicaid Community Based Palliative Care Benefit! Iria Nishimura, MSN, RN, Executive Director, Willamette Vital Health (Salem) and Kelly Ambrose, BSN, RN, Advanced Illness Care Program Manager, Housecall Providers (Portland)



SESSION DESCRIPTION: Is your program considering adding Home-Based Palliative Care to your service line—or do you already provide this service? This session will provide an overview of House Bill 2981, the legislation that passed during the 2021 legislative session. The session will describe how this bill will impact the coverage of interdisciplinary palliative care for Medicaid-covered beneficiaries who are enrolled with a CCO. A review of the state’s rule-making process will be reviewed, including standards to be suggested for consideration for the administrative rules.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to identify 1) which palliative-care services must be provided to CCO-covered Medicaid beneficiaries; 2) factors the state will consider when determining eligibility criteria for Palliative Care under this benefit; 3) which services must be included under the benefit.

PRESENTER BIO(S): Iria T. Nishimura brings her passion for serving the community along with skills as a registered nurse with a master’s degree in health care management to lead the locally based Willamette Vital Health, non-profit organization into its 40th year. Willamette Vital Health offers several programs to the community, including hospice care, supportive care, and grief care.

For the last ten years, Iria has been leading a variety of hospices across the country and has experience with large, national for-profits chains, as well as smaller community organizations. She served as a state surveyor and even started a new hospice.

With her breadth of experience, Iria is passionate about being a resource for partnering with community clinicians to provide the best end-of-life care and ensure that every person has the opportunity to experience the amazing holistic wrap-around care that hospice has to offer patients and families. Iria has high standards and knows that patients at the end of life are best served when clinicians, hospice staff and volunteers are caring for patients together.

Iria lives in South Salem, Oregon with two sons, husband, and their dog, Ringo.

Kelly Ambrose has developed and managed palliative care programs since 2015. She currently leads the Advanced Illness Care team at Housecall Providers. This team serves seriously ill CareOregon members – the only community-based palliative care program in Oregon focused exclusively on Medicaid patients. CareOregon, the state’s largest Medicaid HealthPlan, has provided a community-based palliative care benefit for 12 years.

Kelly has more than 20 years of healthcare experience, including 16 years as a nurse serving high-risk populations in the community and in a federally qualified health center. Throughout her career, Kelly has worked as part of multi-disciplinary teams, addressing socially complex patients’ medical needs as well as their access to care, housing and food insecurity and navigating the complexities of the healthcare system.

Housecall Providers, now a CareOregon company, has served patients in the Portland metro region since 1995 and offers home-based primary care, palliative care and hospice services.

The Science of Psychedelics: Applications in Hospice and Palliative Care; Rachel Rackow, MD, MPH, Palliative Care Program, Providence Portland Medical Center (Portland)

SESSION DESCRIPTION: Anxiety, depression, and existential distress are commonplace in patient's facing the end of their lives. Rachel Rackow, MD, MPH, will present the science of psychedelics as it relates to the Palliative Care and Hospice population, including past and ongoing research, looking at psychedelic assisted therapy as an exciting potential "tool" in the palliative care "toolbox" to address these common patient experiences. Other issues to be discussed include potential barriers for this population to receive safe and timely access to these therapies, with a focus on Psilocybin and the Oregon Psilocybin services Act.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to identify 1) why the use of psychedelics in end-of-life care is being considered as a “breakthrough” option for patients suffering certain conditions; 2) research that is being done to support the use of psychedelic medications for palliative and end-of-life patients; 3) barriers that now exist that limit access to the use of psychedelics for this population.

PRESENTER BIO(S): Dr. Rachel Rackow has been practicing as a fellowship trained Hospice and Palliative Care physician for 10 years in both inpatient and outpatient settings. She currently practices in Portland, Oregon at Providence Portland Medical Center. She attended Middlebury College and holds graduate degrees from Brown University (Doctor of Medicine) and Harvard School of Public Health (MPH, Global Health). She holds a certificate of completion from SoundMind Institute in Foundations of Psychedelic Therapies for Clinicians, and continues to train in Ketamine assisted therapy through Polaris Insight Center. She is a member of the Oregon Psilocybin Services Act End of Life Implementation Advisory Group, whose work aims to help develop best practices in the delivery of Psilocybin therapy in Oregon to persons facing serious illness and end of life. Her work in Palliative Care has helped to shape her growing interest in utilizing psychedelics as a tool to treat anxiety, depression, and existential distress related to a serious or terminal diagnosis.

Care Compare Hospice Quality Measures; Rochelle Webster, FNP, CPHQ, ACHPN, Quality Control Program Coordinator, Nurse Practitioner, Asante Hospice (Talent)



SESSION DESCRIPTION: Confused about all the changes that have occurred with Hospice Quality Reporting over the past couple of years? Confused about which visits can be counted for “HCI” measures versus the “HVLDL” measure? You are not alone! This fun, interactive session will provide a deep dive into what the “Hospice Care Index” is, a dip into what the CAHPS star ratings are about as well as another dip into what goes into creating the HVLDL measure and then a sprinkling of what happened to the 7-measure Hospice Item Set—you know, the one we all spent years learning how to report!

SESSION OBJECTIVES: Upon completion of this session, participants will be able to identify 1) how points are distributed for the 10 measure composite “Hospice Care Index”; 2) which hospice measures are “claims-based”; 3) some factors used to determine which star rating a hospice receives on Care Compare.”

PRESENTER BIO(S): Rochelle Webster FNP, ACHPN, CPHQ has been honored to be the Quality Control Program Coordinator at Asante Hospice since 2015. Like many of your jobs, that role includes a variety of activities, but she also occasionally sees patients as a nurse practitioner. Before finding her hospice home, Rochelle worked as a family nurse practitioner in primary care, emergency, and even a little occupational health and pediatrics. Prior to that as a nurse for 11 years there was a similar variety of outpatient settings in the Philadelphia area. You will usually find her knitting with her own handspun yarn, but occasionally on an Ashland stage improvising.

Methadone: A Review for Hospice Providers; Caren McHenry Martin, PharmD, BCGP; Clinical Manager, Enclara Pharmacia (Philadelphia, PA)

SESSION DESCRIPTION: Discussion of the benefits of methadone use for pain control in hospice patients along with safe dosing and appropriate candidates.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) describe the properties of methadone that make it a unique opioid; 2) understand medication and disease related interactions; 3) discuss methadone dosing and how to initiate.

PRESENTER BIO(S): Dr. Martin earned her Doctor of Pharmacy degree from the University of Nebraska Medical Center and completed an executive residency with the American Society of Consultant Pharmacists. She has enjoyed working in a wide range of nonconventional clinical roles, including pharmacy association management, senior care, pharmacy benefits management, ambulatory care, value-based care, and hospice. She is a board-certified geriatric pharmacist, has worked as a North Carolina Clinical Pharmacist Practitioner and has authored more than a hundred articles for national pharmacy publications. She also serves as a pharmacist mentor for several schools of pharmacy. Dr. Martin joined Enclara Pharmacia in June 2020 and is currently serving in the role of Clinical Manager.

Opting Out of Time of Death Visits, Kathy Katzenberger, DNP, RN, CHPN, Hospice Manager, Evergreen Hospice & Palliative Care, Kirkland

SESSION DESCRIPTION: Hospice offers support to our families and caregivers at the time-of-death when their loved one dies but what happens when they refuse the visit? Presenter will be sharing rare research findings from home hospice families that chose to opt out of having a time-of-death visit. Study looked at why families chose not to have hospice support at the time of death of their loved one and what families had to say about their experience. Come hear what these families had to say were their reasons why and how they were coping 6-13 months later.

SESSION OBJECTIVES: 1) Review the current state and federal regulations regarding time of death visits; 2) learn what home hospice families shared was important to them at the time-of-death of their loved one; 3) gain new insight into what hospice families need at the time-of-death.

PRESENTER BIO(S): Kathy Katzenberger is a nurse with over 30 years of hospice experience. She recently completed her DNP and received the Project of the Year Award for her research on Meaningful Time-of-Death Visits. Kathy has been a certified hospice nurse for many years. She is currently serving as the President of the WSHPCO Board and has been a part of the WSHPCO conference planning committee for many years.

PLENARY PANEL NETWORKING DISCUSSION: Certification Benefits and Recruitment and Retention; Tracy Villarreal,  LCSW, CPHQ, CEO, Care Partners (Portland), Mary Lou True, Senior Vice President – HR, Moda Health (Portland), Cheryl Medawattage, RN, BSN, BC: Gerontology, CHPN, ACHE, CPMN, Executive Director – Hospice, EvergreenHealth (Kirkland), Kendra Zern, PHR, HR/QI Director, Community Home Health & Hospice (Longview) and Amy Baird, LCSW, Acting Executive Director, Social Services Clinical Manager, Lumina Hospice & Palliative Care (Corvallis)

SESSION DESCRIPTION: During this unprecedented time of healthcare workforce shortages, every program needs to consider new strategies for retaining current staff and for recruiting new staff. What appeals to “Gen X” and “Gen Z” health care professionals? How can you find a new Hospice Medical Director when your current HMD retires? This panel of experienced health care providers will provide an overview of the state of healthcare recruitment challenges, discuss the benefits of supporting certification for your staff, including a discussion of how it can improve morale and retention and share the strategies they have tried in their programs. Networking and the sharing of challenges and successes will be encouraged during this participative session. Come prepared to share your experiences and to ask questions of colleagues from around the northwest.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to identify 1) at least three recruitment strategies being utilized by Hospices in the state; 2) at least three retention strategies for showing your current staff they are valued; 3) why supporting certification can improve staff retention.

PRESENTER BIO(S): Tracy Villarreal is a Licensed Social Worker and Quality Professional who has been working in healthcare for over 30 years with the older adult population. She has a passion for ensuring quality and compassion at the end of life. She has worked for the State of Oregon as an Aging and Disability Services Manager, as a social worker in both home health and long term care, and as a hospital discharge planner. She started her work in hospice first as a Board member, then as a Quality and Compliance Manager and Psychosocial/Spiritual Care Manager for Care Partners. In 2020 she became the CEO of Care Partners, an affiliate of the Oregon Nonprofit Health Alliance (ONHA). Tracy has most recently been appointed to the Oregon Health Authority's Hospice Rule Advisory Committee to assist with rulemaking for hospice.

As a senior member of the executive leadership team at Moda, Inc., Mary Lou True is well known throughout the Pacific Northwest and Alaska as a dynamic innovator in health business strategies and a compelling advocate for diverse workplaces. At Moda and its affiliated companies, her responsibilities include directing and integrating comprehensive human resource management programs. Mary Lou's areas of expertise include labor relations, recruitment, training and development, workforce planning, diversity equity and inclusion, and affirmative action. An avid advocate for work/life balance, Mary Lou is a veteran proponent of workforce wellness programs; she encourages all employees to make time for a broad range of community engagements.

Kendra Zern's career as an HR professional started by happenstance twelve years ago. She was beginning in a new role as an administrative support worker, within the next few months an HR Manager in the making. It was after that sudden promotion that she found her career pathway. Ms. Zern has been working as an HR professional in various for-profit and non-profit roles since 2010. She completed her bachelor's degree at George Fox University in Healthcare Administration, earned her PHR certification, started and sold a new business, and then purchased another, while concurrently working full time in and around healthcare companies. Her work in healthcare has brought her both the greatest growth and the greatest challenges over the past three years. With an understanding of the challenges our future holds in healthcare and other major industries, she look forward to being a critical part of the leadership to see those challenges through successfully.

Amy Baird is the current Acting Executive Director for Lumina Hospice and Palliative Care in Corvallis, Oregon. Amy has been a social worker since 1998 and has spent most of her career working in health care settings. Amy has been with Lumina Hospice and Palliative Care since September 2019, starting as a medical social worker. She has been the Social Services Clinical Manager since February 2021 and has been the Acting Executive Director since May 16, 2022.

Hard Questions Nobody Seems to Have Fabulous Answers To; Laurie Jackson, MDiv, Masters Certificate in Clinical Ethics, CEO, Chaplaincy Health Care Hospice (Richland, WA) and Barb Hansen, MA, RN, CEO, Oregon Hospice & Palliative Care Association (Corvallis)

SESSION DESCRIPTION: This session will contemplate the following questions: Why are there so many "gray areas" in hospice? Where is the "rule book" that tells you the answer to every question you need to know to run a hospice program? When did "relatedness" become a four-letter word? This session will discuss operational issues that plague most hospice programs. There will be a discussion of the many factors that influence how a hospice makes decisions about how to complete certain tasks, how to handle certain requests and what to cover or not cover. Resources will be shared for your consideration to include in your hospice's "Answer Book". This interactive session will facilitate the sharing of examples about how the hospice COPs can be met in different ways by different programs—and all of them can be considered "correct"!

SESSION OBJECTIVES: Upon completion of this session, participants will be able to discuss 1) common challenging operational issues shared by almost all Hospice programs; 2) the many and varying factors that go into determining

how a hospice decides to operate; 3) the challenges faced by new staff who have worked in hospice before, think they are experienced in hospice—but now aren't sure what they're supposed to do, and think their former hospice did things right or wrong!

PRESENTER BIO(S): Laurie Jackson is a graduate of Whitworth University, Princeton Theological Seminary, and Columbia University in New York. She is currently completing her Doctorate of Ministry at Knox Theological Seminary. A bioethicist and theologian, she has led hospice, home health, and palliative care in Yakima, Bend and now Chaplaincy Healthcare in Richland. The Surprise Question and Five Wishes have become passion projects for her. Laurie has published one book (Little White Lies and the Seven Deadly Sins, under the name Laurel Jackson); her second, a work of fiction (Parkwood) is in the works. She and her husband Steve (an accountant—Laurie always wins the “Honey, How Was Your Day?” game) are empty-nesters and enjoy their time in the family cabin in Packwood, taking Adventure Days to learn more about our region, and traveling to see their 9 grandchildren. Jackson has served on the Board of Directors for both the Washington State Hospice and Palliative Care Organization and the Oregon Hospice and Palliative Care Association.

Barb Hansen received her BS in Nursing from the Oregon Health and Sciences University and a Master of Arts in Interdisciplinary Studies from Oregon State University with a focus on Gerontology, Community Health and Adult Health Education. She has worked in end-of-life care in many roles since 1986: Home Health and Hospice Nurse Case Manager, Clinical Coordinator, Home Care Surveyor for the Joint Commission, Wound, Ostomy, Continence RN, and Director of a Hospice, a Hospice Inpatient Unit and a Home Health program. Since July of 2015, Barb has served as the CEO of the Oregon Hospice and Palliative Care Association and Executive Director of the Washington State Hospice & Palliative Care Organization. Barb serves on the Oregon POLST Coalition, the Palliative Care and Quality of Life Interdisciplinary Advisory Council, the Oregon Psilocybin Advisory Board and the Advance Directive Advisory Committee.

Facing the Challenges of Anticoagulants in Hospice; Caren McHenry Martin, PharmD, BCGP; Clinical Manager, Enclara



Pharmacia (Philadelphia, PA)

SESSION DESCRIPTION: Hospices are often faced with the challenge of admitting patients who are anticoagulants, often for diagnoses that are only indirectly related to the terminal diagnosis. Questions about medical necessity, risk/benefit, and inclusion in the hospice benefit are not directly addressed in medical literature. This session will review the outcomes data and risk/benefit profile of these medications to help hospice staff and clinicians make informed decisions about continuing or discontinuing these medications for patients in hospice care.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) list at least two appropriate indications for anticoagulants for hospice patients; 2) list at least three parameters for deprescribing anticoagulants in hospice patients; 3) discuss process for evaluating risk versus benefit of anticoagulants for hospice patients.

PRESENTER BIO(S): Dr. Martin earned her Doctor of Pharmacy degree from the University of Nebraska Medical Center and completed an executive residency with the American Society of Consultant Pharmacists. She has enjoyed working in a wide range of nonconventional clinical roles, including pharmacy association management, senior care, pharmacy benefits management, ambulatory care, value-based care, and hospice. She is a board-certified geriatric pharmacist, has worked as a North Carolina Clinical Pharmacist Practitioner and has authored more than a hundred articles for national pharmacy publications. She also serves as a pharmacist mentor for several schools of pharmacy. Dr. Martin joined Enclara Pharmacia in June 2020 and is currently serving in the role of Clinical Manager.

New Rules for End of Life Care; Barbara Karnes, RN, Barbara Karnes Books (Vancouver, WA)

SESSION DESCRIPTION: This presentation will be a showing of the award winning New Rules for End of Life Care, with a discussion, question and answer period with Barbara Karnes, RN, end of life educator and producer of the film.

SESSION OBJECTIVES: Upon completion of this session, participants will 1) view the DVD New Rules for End of Life Care which gives an understanding of the signs of approaching death and patient/family care at end of life; 2) have a working knowledge of food, hydration, narcotic use and grief at end of life; 3) have an open discussion, question and answer period with Barbara Karnes, RN.

PRESENTER BIO(S): Barbara Karnes, RN is an award-winning end of life educator, award winning nurse, NHPCO Hospice Innovator Award Recipient (2015) and International Humanitarian Woman of the Year recipient (2015). She is an internationally respected speaker, educator, author and thought leader on matters of end of life. Among her many publications is Gone From My Sight, the "little blue book" that changed the hospice industry.

DISCLOSURE(S): Barbara Karnes Books publishes end of life materials. She offers her resources for purchase to help educate staff, patients and families. Anyone who comes to her exhibitor table will receive free booklets.

Delirium at End of Life; Caren McHenry Martin, PharmD, BCGP; Clinical Manager and Val Wersching, PharmD, BCACP, Enclara Pharmacia (Philadelphia, PA)

SESSION DESCRIPTION: Delirium is one of the most prevalent conditions for hospice patients and can have a significant negative impact on quality of life for both the patient and the caregiver. Despite it being so prevalent, delirium often will go unrecognized and this can occur in more than 30% of cases depending on the care setting of the patient. By the end of this presentation the participant will better be able to recognize the presentation of delirium and recommend appropriate management, including pharmacological and non-pharmacological strategies.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) Recognize the presentation of the various subtypes of delirium based on diagnostic criteria; 2) Differentiate delirium from other common conditions such as dementia and depression; 3) Recommend appropriate management of delirium, including pharmacologic and non-pharmacologic strategies.

PRESENTER BIO(S): Caren Martin earned her Doctor of Pharmacy degree from the University of Nebraska Medical Center and completed an executive residency with the American Society of Consultant Pharmacists. She has enjoyed working in a wide range of nonconventional clinical roles, including pharmacy association management, senior care, pharmacy benefits management, ambulatory care, value-based care, and hospice. She is a board-certified geriatric pharmacist, has worked as a North Carolina Clinical Pharmacist Practitioner and has authored more than a hundred articles for national pharmacy publications. She also serves as a pharmacist mentor for several schools of pharmacy. Dr. Martin joined Enclara Pharmacia in June 2020 and is currently serving in the role of Clinical Manager.

Val Wersching, PharmD, is a clinical pharmacist with experience in ambulatory care, population health management, chronic care management, and hospice/palliative care. She is a Board Certified Ambulatory Care Pharmacist who has worked with numerous innovative models focusing on providing high quality pharmaceutical care. She has been serving as a Clinical Manager with Enclara Pharmacia for the past two years.

Are Magic Mushrooms Really Magic? What Hospice and Palliative Care Programs Need to Know About Psilocybin;



Stephanie Barss, FNP, PMHNP, Partners in Care (Bend) and Barb Hansen, MA, RN, CEO, Oregon Hospice & Palliative Care Association (Corvallis)

SESSION DESCRIPTION: This session will address the operational, logistical and training issues hospices and palliative care programs will need to consider in 2023 and beyond, when psilocybin will be available in Psilocybin Service Centers in Oregon. Questions to be addressed include: What will happen when your hospice or palliative care patient wants to try psilocybin? Will it be on a hospice formulary? Will hospices cover the cost of a psilocybin administration session? Will hospices cover the cost of transportation by Medivan for a patient to get to a service center? Will

hospice and palliative care programs be able to exchange “PHI” with a Psilocybin Facilitator, if the patient signs a release of information? What if “your” hospice patient has a negative experience after trying psilocybin—how will your hospice address this? Might this be considered “Related” or “Unrelated” to the terminal prognosis? Finally, how will you address the issue if your staff plan to visit Psilocybin Service Centers or decide to become Psilocybin Facilitators in their “off hours”?

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) identify one resource for where to find the Oregon Administrative Rules and the Oregon Revised Statute regarding Psilocybin Service Centers and Facilitators; 2) identify at least one resource for use in providing staff education about Psilocybin use at end-of-life; 3) identify one strategy for creating a policy regarding a hospice or palliative care program’s stance about psilocybin use by patients being served by the program.

PRESENTER BIO(S): Steph Barss is a board-certified Family Nurse Practitioner and a Psychiatric Mental Health Nurse Practitioner. She has worked in Bend, Oregon for a nonprofit hospice and palliative care organization for nearly 20 years. Steph is passionate about supporting people along their journey, with a focus on working with those who have complex, life-limiting illness. As an advanced practice nurse, she works with people to explore meaning and quality of life. She is currently serving as a govern appointed member of the Oregon Psilocybin Advisory Board.

Barb Hansen received her BS in Nursing from the Oregon Health and Sciences University and a Master of Arts in Interdisciplinary Studies from Oregon State University with a focus on Gerontology, Community Health and Adult Health Education. She has worked in end-of-life care in many roles since 1986: Home Health and Hospice Nurse Case Manager, Clinical Coordinator, Home Care Surveyor for the Joint Commission, Wound, Ostomy, Continence RN, and Director of a Hospice, a Hospice Inpatient Unit and a Home Health program. Since July of 2015, Barb has served as the CEO of the Oregon Hospice and Palliative Care Association and Executive Director of the Washington State Hospice & Palliative Care Organization. Barb serves on the Oregon POLST Coalition, the Palliative Care and Quality of Life Interdisciplinary Advisory Council, the Oregon Psilocybin Advisory Board and the Advance Directive Advisory Committee.

Oregon OSHA Hot Topics; Christian M. James, Senior Occupational Health Consultant, Oregon OSHA Consultative Services Section- Salem Field Office, Department of Consumer of Business Services

SESSION DESCRIPTION: In the past few years, Hospice and Palliative Care employers have had to learn more about Oregon OSHA regulations and requirements for issues such as (but not necessarily limited to) COVID, Heat and Wildfire Smoke; and the resulting promulgated rules have driven this requirement deeper for Oregonians. The variety of settings for Hospices and Palliative Care, in conjunction with how your places of employment are internally established can affect whether you are under Oregon OSHA jurisdiction. Either way, the Oregon OSHA website has some very useful and helpful information for any entity; whether under our jurisdiction or not.

This session will offer an introduction to the services Oregon OSHA provides as well as an opportunity to explore available resources. **Did you know** that Oregon OSHA provides consultation services to any and all employers under our jurisdiction that request it? These topics and others will be explored during this collaborative session and there will be an opportunity for “Q & A” time.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) understand Oregon OSHA Jurisdiction; NAICS and Injury/Illness Recordkeeping; 2) effectively navigate the Oregon OSHA website; where to find Oregon OSHA Rules; inclusive of COVID, Heat Illness Prevention and Wildfire Smoke available from Oregon OSHA to use in employer compliance and staff training activities; 3) how to look up your Top 25 Violations; 4) how to request a consultation.

PRESENTER BIO(S): Chris James has been in the field of Safety and Health since 1990 after serving in the Army for over 6 years. He has practiced Industrial Hygiene related services in a wide variety of settings all over the country; from high-rise commercial buildings to Pharmaceutical Plants and other types of facilities slated for renovation and/or demolition over a 24 year period.

Chris came on board with Oregon OSHA in 2014 where he spent his first three years as a Health Compliance Officer conducting over 100 enforcement inspections and investigations in a wide variety of employer settings. Since 2017/2018, he has served as a Senior Occupational Health Consultant; assisting employers and employees with improving their workplace conditions as they pertain to health & safety. He enjoys providing Public Education classes and presentations on a variety of topics.

His passion is his wife and fly fishing, and in that order!

professional practices exchange session descriptions, faculty bios

Tuesday, September 27, 2022 (*information being added as it's received*)

PLENARY: Stuff Hospices Need to Know: Changes in ACP Documents, Woody English, MD, MMM, Vice Chair, Oregon Advance Directive Adoption Committee (Portland) and Barb Hansen, MA, RN, CEO, Oregon Hospice & Palliative Care Association (Corvallis)



SESSION DESCRIPTION: Advance Care Planning has become a key component in the provision of health care, even at the end of life. Hospice staff are often called upon to assist patients and families with completing a POLST form as well as completing Advance Directive Forms. During the 2021 Legislative Session, the Oregon Legislature passed SB 199, which included the Advance Directive Form. This was the first major change in this form in decades. The Advance Directive and the POLST Form are very different forms, but many people—including health care professionals—get them confused. This session will review the changes made in Oregon's Advance Directive Form and the changes that will be made to the POLST form. This session will assist hospice staff to be better prepared to explain the use of these forms—and the recent updates—to your patients.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to identify 1) two changes in Oregon's Advance Directive Form; 2) two proposed changes to the next version of the Oregon POLST Form; 3) at least three differences between the Advance Directive Form and the POLST Form.

PRESENTER BIO(S): Woody English, MD is the Vice Chair of the Oregon Advance Directive Adoption Committee. He served two stints as Hospice Medical Director for Providence Hospice between 2000 and 2010. In 2007 he co-founded the palliative care service there eventually becoming medical director for Palliative Care for the Oregon Region of Providence until his retirement in 2013. Since then, he has worked with various committees to update the Oregon Advance Directive, which was most recently revised on June 2, 2021 with the passage of Senate Bill 199. His medical training has included certification in internal medicine, infectious diseases, hospice and palliative care. In retirement he continues his activity on several committees for the Oregon POLST Coalition. Currently, he also serves as a lay minister in his faith community and on the Board of Directors for Care Oregon.

Barb Hansen received her BS in Nursing from the Oregon Health and Sciences University and a Master of Arts in Interdisciplinary Studies from Oregon State University with a focus on Gerontology, Community Health and Adult Health Education. She has worked in end-of-life care in many roles since 1986: Home Health and Hospice Nurse Case Manager, Clinical Coordinator, Home Care Surveyor for the Joint Commission, Wound, Ostomy, Continence RN, and Director of a Hospice, a Hospice Inpatient Unit and a Home Health program. Since July of 2015, Barb has served as the CEO of the Oregon Hospice and Palliative Care Association and Executive Director of the Washington State Hospice & Palliative Care Organization. Barb serves on the Oregon POLST Coalition, the Palliative Care and Quality of Life Interdisciplinary Advisory Council, the Oregon Psilocybin Advisory Board and the Advance Directive Advisory Committee.

How to Use Research to Improve Your Hospice QAPI Results, Jon (JJ) Furuno, PhD, Professor, OSU College of Pharmacy (Portland)



SESSION DESCRIPTION: Many hospice and palliative care programs struggle with how to interpret quality reporting results or may ask “What do I do with this information?”. This session will review how to *create* performance improvement projects, how to collect the data, to make it useful for comparisons with research data. The session will assist programs in determining how to ask the right questions when collecting data about present performance, to facilitate the ability to use results for comparative/benchmarking purposes.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to identify 1) two valid methods for data collection that Hospice programs can readily utilize; 2) methods for determining which questions to ask and what data to collect; 3) methods for how to use comparative or benchmarking data effectively in their Quality Improvement activities.

PRESENTER BIO(S): Dr. Jon (JJ) Furuno is an professor and clinical researcher in the Oregon State University College of Pharmacy. His research focuses on improving prescribing behavior and associated patient and family outcomes during and following the transition from the hospital to hospice care and/or nursing homes. He has received funding support from the National Institutes of Health, Agency for Healthcare Research and Quality, and Centers for Diseases Control and Prevention. He has published over 100 manuscripts in the peer-reviewed literature and presented over 150 abstracts at national scientific meetings. He is also passionate about mentoring and has served as a research mentor for nearly 40 student, residents, fellows, and junior faculty. Dr. Furuno has served on the OHPCA Board of Directors since 2018.

Just Say Yes! Guy Keplinger, RN, MSN, CHPPN, Nurse Coordinator and Monica Holland, PNP-BC CHPPN, CPLN, OHSU Doernbecher Bridges Pediatric Palliative Care (Portland)

SESSION DESCRIPTION: Most hospice programs have little experience in caring for terminally-ill pediatric patients. Many hospices employ very few staff who have pediatric experience. Thus, it can be a challenge for a referral source to find a hospice that is willing to accept a referral to provide hospice care for a pediatric patient and their family. This session will focus on the types of support systems that can be put in place to enable pediatric hospice patients to be served in their own homes. Resources will be discussed. There will be an opportunity to network with referral sources to share ideas about what hospice programs need in terms of resources to be able to provide this much-needed care.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) identify resources for training hospice staff in how to care for pediatric hospice patients; 2) identify resource needs for “after-hours” support for Hospice programs caring for a pediatric patient; 3) discuss strategies for how to enable more hospice programs to “Just Say Yes” when an inquiry about a pediatric referral is being made.

PRESENTER BIO(S): Guy Keplinger has worked as the Nurse Coordinator for OHSU Bridges Pediatric Palliative Care since April, 2021. Guy previously worked in outpatient hospice primarily with the adult population since 2010. Guy received his Master’s degree in Nursing from San Francisco State University with a focus in Pain and Palliative Care. Guy lives in Portland, Oregon with his wife Kymberlie and two sons, Jesse and Cole.

Monica Holland is the Nurse Practitioner for the Bridges Pediatric Palliative Care Team at OHSU/Doernbecher Children’s Hospital in Portland Oregon. Monica recently completed a 2-year fellowship in Integrative Medicine at University of Arizona Center for Integrative Medicine. This training reflects one of Monica’s areas of interest and focus in her current practice as she strives to empower her patients and families with additional tools to navigate their child’s illness. She holds certifications in pediatric hospice and palliative nursing (CHPPN) and perinatal loss (CLPC). She was recently awarded the Courageous Parents Network, 2020 Margaret Lindsay Courageous Provider Award for her work in the field of pediatric palliative care. Monica is also one of the founding members of the Northwest Pediatric Palliative Care Coalition. Monica began her career working with pediatric oncology patients as well as those with acute and chronic medical concerns. Over the course of several years and a few geographic changes, her practice expanded to include PICU, postpartum/newborn/lactation education and home care as well as ambulatory pediatric

specialty, general pediatrics and hospice. Ultimately, Monica found her passion in working with families and children who are experiencing life-changing conditions.

Emergency Preparation Beyond Earthquakes or Wildfires: Ransomware Can Turn Your Program Upside Down!



Deborah Adams, BS, RN, Clinical Operations Director, Partners in Care (Bend) and Christine Nidd, PMP, CPHQ, MSW, Manager, Quality & Compliance, Hospice of the Northwest (Mt. Vernon, WA)

SESSION DESCRIPTION: “This is not a drill.” Approximately 37% of global organizations said they were the victim of some form of ransomware attack in 2021, according to the International Data Corporation’s “2021 Ransomware Study.” The FBI’s Internet Crime Complaint Center reported 2,084 ransomware complaints from January to July 31, 2021. This represents a 62% year-over-year increase. During this session, the “lived experience” of two Hospice programs in the northwest will be shared. Each program experienced having their Electronic Medical Record taken over by Ransomware. The presenters will share the hard-won lessons each of their program learned as they coped with this longer-than-expected situation, while continuing to serve hundreds of patients and families. Are you prepared for this type of emergency?

SESSION OBJECTIVES: Upon completion of this session, participants will be able to identify 1) reasons why every hospice and palliative care program should perform a “Mock Disaster” using the issue of a ransomware attack on their EMR as a tabletop exercise; 2) strategies clinical/field staff could utilize to network with other staff and the IDG to maintain hospice patient care coordination; 3) strategies hospices could employ to manage patient information in the administrative office.

PRESENTER BIO(S): Deborah Adams, BS, RN attended Oregon State University earning a BS in Health Care Administration and Gerontology – followed by an Associate Degree in Nursing from Chemeketa Community College. Deborah’s clinical nursing experience and leadership experience has spanned the post-acute care continuum including SNF, Assisted Living/Memory Care, AFH, Home Health, Hospice, and palliative care. She is currently the Clinical Operations Director at Partners In Care, Bend, Oregon. Partners In Care opened their new 12-bed IPU earlier this year. Please stop by to visit if your travels take you to Bend.

Christine Nidd is the Quality and Compliance Manager at Hospice of the Northwest in Washington State. As a Certified Professional in Healthcare Quality and a Project Management Professional with training as a Six Sigma Greenbelt and as a Baldrige Examiner, Nidd redesigns processes in a systematic way. Nidd has served for 7 years on the NHPCO Quality and Standards Committee, and on the National Association for Healthcare Quality’s Regulatory and Accreditation Work Group which culminated in the release of a publication called “Q Essentials: Competencies for the Healthcare Quality Profession.” She participates on the region’s Healthcare Coalition, serving one term as chair, to promote, consolidate, and coordinate a unified response to emergencies affecting healthcare agencies, providers, and community partners in the area. She enjoys hiking, camping and scuba diving.

Why Buprenorphine Should be Considered for Your Hospice Formulary, Asher Caldwell, NP, Resolution Care and Adi Shafir, MD, Assistant Professor of Medicine, Division of Hematology/Medical Oncology, School of Medicine; Assistant Professor of Medicine, Division of General Internal Medicine and Geriatrics, School of Medicine, OHSU (Portland)

SESSION DESCRIPTION: Buprenorphine is being used more frequently for patients who receive outpatient palliative care during cancer treatment, for chronic pain, and in older adults. It is a unique analgesic due to its pharmacological properties and safety profile. This session will explore why this medication choice is being made more often. Frequently, when a Palliative Care patient is being referred to a Hospice program, the providers are told that Buprenorphine is not on the Hospice program’s medication formulary, so a different medication will be substituted. Palliative Care prescribers seek to be mindful of hospice needs and ask: “Will hospice formularies change with prescriber practice?” We aim to explore which patients would especially benefit from being left on buprenorphine, whether it is low dose for chronic or cancer pain, versus high dose for treatment for opioid use disorder.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) describe buprenorphine pharmacology and unique benefits over other opioids; 2) discuss the rationale for using buprenorphine as a primary analgesic; 3) determine short acting opioid use with buprenorphine; 4) identify costs of buprenorphine formulations.

PRESENTER BIO(S): Adi Shafir is a geriatrics and palliative care physician currently working at OHSU in outpatient palliative care at the Knight Cancer Institute. She completed a geriatrics and palliative care fellowship at UCSF in San Francisco CA, and internal medicine residency at UPMC in Pittsburgh PA. She is originally from California and a recent transplant to Oregon.

 **Plenary Panel Networking Discussion: Diversity Equity, Inclusion;** Marisette Hasan, BSN, RN, President/CEO, The Carolinas Center, Chair, The SC Carolina Coalition for the Seriously Ill, Council of States Representative to the NHPCO Diversity Advisory Council (South Carolina), Cheryl Medawattage, RN, BSN, BC: Gerontology, CHPN, ACHE, CPMN, Executive Director – Hospice, EvergreenHealth (Kirkland), Ionne Ott, Quality Assurance Coordinator, Chaplaincy Healthcare (Richland, WA)

SESSION DESCRIPTION: During the past two and a half years, multiple spotlights have increased awareness about ongoing racial inequities in our society. Health care disparities abound—including in the beautiful Pacific Northwest. The words “Health Equity” appear 66 times in the FY 2023 Hospice Wage Index and Payment Rate Update and Hospice Quality Reporting Requirements Final Rule. This networking session will ask the following questions: What is your program doing to increase outreach efforts to underserved communities in your service area? What training activities has your program implemented for your staff? This networking session is designed to facilitate the sharing of challenges, ideas, strategies, resources and goals. CMS has informed us that a structural health equity measure is coming to “assist hospices in assessing their own progress on health equity goals.” Will your program be ready?

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) identify at least two resources available for use for hospice staff training on working with diverse communities; 2) list one strategy a hospice or palliative care program could utilize to perform outreach to underserved communities within their service area; identify one method for obtaining data about the ethnic and socio-economic make up of their service areas.

PRESENTER BIO(S): Marisette Hasan graduated from the University of South Carolina with a Bachelor of Science Degree in Nursing. She has worked professionally as an RN since 1981 in various roles: oncology nurse, hospice nurse, clinical manager, home health and hospice administrator and nurse consultant. She currently serves as the President & CEO for The Carolinas Center for Hospice and End of Life Care (TCC). She is passionately engaged in supporting hospice and palliative care providers in North and South Carolina through leadership, innovation, public advocacy and regulatory technical assistance.

In addition to her current role, she serves as the Co-Chair for the My Life My Choices 1.8 million dollar SC ACP grant initiative, funded by BCBS SC Foundation for the SC Coalition of the Care of the Seriously Ill. This initiative is focused on raising education and awareness with clinicians and underserved community citizens, incorporating a technology pilot to store ACP documents for rapid access with an E-repository.

Marisette is engaged on the national front as a member of the NHPCO Council of States Steering Committee, the NHPCO Palliative Care Advisory Council, NHPCO Diversity Advisory Council and the CTAC National State Coalition Task Force. She is certified as an ELNEC trainer, Respecting Choices Facilitator, and Serious Illness Conversation Guide Trainer. She is also engaged in research as a community stakeholder Co-Investigator for a PCORI grant initiative led by Dr. Kimberly Johnson to investigate and implement effective tools to eliminate ACP disparities among African Americans in 5 states.

Ionne Ott is the Quality Assurance Coordinator at Chaplaincy Healthcare with a decade of successful experience in QA training and development. Ionne’s healthcare experience began in home health where she worked for a company that provides in-home support for developmentally disabled individuals. Within 5 years, Ionne ascended to On-Call Manager and later, Operations Manager. Ionne then became the first Operations & Compliance officer for Walla Walla Community Hospice, serving both Washington and Oregon State for 5 years. Her duties included QAPI development, Employee Safety (OSHA), Emergency Management Plans (EMP), State and Federal Regulatory

Compliance, HIPAA Privacy Officer and New Hire Training, as well as other human resources duties. In her spare time, she is a volunteer life coach at the local women's shelter where she teaches feminine self-empowerment and interpersonal boundary setting skills to women by unwinding the trauma behind Adverse Childhood Experiences (ACE's), domestic abuse, and generational disorders.

 **Oregon's Psilocybin Services Act: What Are Healthcare Providers Allowed to Do?** Daniel Abrahamson, JD, Member - Psilocybin Services Act End of Life Interest Group, Former Director of Legal Affairs for the Drug Policy Alliance (DPA) and Special Counsel for Roots Community Health Center (Oakland, CA), Emily Looney, MD, HMDC, Medical Director, Samaritan Evergreen Hospice (Albany), Stephanie Barss, NP, Partners in Care Hospice and Palliative Care (Bend), Katie Adkison, RN, CHPN, Manager, Asante Hospice (Talent)

SESSION DESCRIPTION: Daniel Abrahamson, JD, will discuss the scope of services that health care providers, including DEA-registrants, can offer patients and others under Oregon's Psilocybin Services Act, consistent with state and federal law. Topics to be addressed include ethical obligations to patients; legally prohibited conduct with respect to psilocybin therapy; current gray areas of law; creating standards of practice that will be emulated elsewhere.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) identify the current state and federal regulations that currently apply to Psilocybin use; 2) identify what health care providers are legally allowed to do if their patients request their assistance in accessing Psilocybin; 3) identify potential standards of practice for palliative and hospice providers regarding the use of Psilocybin.

PRESENTER BIO(S): Emily Looney's interest in Hospice and Palliative Medicine was sparked by a rotation with Dr. Ira Byock and his team during medical school. She has since graduated from the Family Medicine Residency of Idaho and completed an HPM fellowship at the University of Utah. Emily has served as the medical director of Samaritan Evergreen Hospice in Albany, Oregon since 2018 and also maintains a small primary care panel at Samaritan Family Medicine – Geary Street. Her interests outside of work include her house rabbits, Lily and Marshall, and playing saxophone and other assorted woodwinds in the Windswept Sextet and the pit orchestra for community musicals.

Steph Barss is a board-certified Family Nurse Practitioner and a Psychiatric Mental Health Nurse Practitioner. She has worked in Bend, Oregon for a nonprofit hospice and palliative care organization for nearly 20 years. Steph is passionate about supporting people along their journey, with a focus on working with those who have complex, life-limiting illness. As an advanced practice nurse, she works with people to explore meaning and quality of life. She is currently serving as a govern appointed member of the Oregon Psilocybin Advisory Board.

 **Cost EFFECTIVE Medication Management;** Val Wersching, PharmD, BCACP, Enclara Pharmacia (Philadelphia, PA)

SESSION DESCRIPTION: Managing symptoms at end of life is a primary focus of hospice care. Sometimes symptoms are an adverse effect of a medication, rather than a manifestation of disease. For many symptoms, there are numerous medication choices available. Choosing the most effective medication for symptom management can save both time and money for the hospice and improve the patient experience. This session will help the hospice nurse and clinician recognize common symptoms that may be medication adverse effects and will explore the rationale for selecting the BEST medications for nausea, constipation, various types of pain, agitation, and other common symptoms.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) describe a process for reviewing the medication list for possible causes of symptoms; 2) list at least three considerations in choosing the best medication for treatment of various types of pain; 3) differentiate between different etiologies of nausea and constipation and the types of medication most effective for each.

PRESENTER BIO(S): Val Wersching, PharmD, is a clinical pharmacist with experience in ambulatory care, population health management, chronic care management, and hospice/palliative care. She is a Board Certified Ambulatory Care

Pharmacist who has worked with numerous innovative models focusing on providing high quality pharmaceutical care. She has been serving as a Clinical Manager with Enclara Pharmacia for the past two years.

What Would You Do? Compliance and Ethics in Hospice; Laurie Jackson, MDiv, Masters Certificate in Clinical Ethics, CEO, Chaplaincy Health Care Hospice (Richland, WA) and Barb Hansen, MA, RN, CEO, Oregon Hospice & Palliative Care Association (Corvallis)

SESSION DESCRIPTION: This session aims to be both fun and interactive! Loosely based on the television program “What Would You Do?”, this session will focus on the challenging situations and ethical dilemmas that every hospice program encounters at some point. The television series shows how ordinary people behave when they are confronted with dilemmas that require them either to take action or to walk by and mind their own business. Various scenarios are created that force people to make split-second—and often surprising—decisions. During this session, the presenters plan to present thought-provoking, “hospice-based dilemmas” to network with attendees to share possible responses and to inform policy decisions.

SESSION OBJECTIVES: Upon completion of this session, participants will be able to 1) identify at least three common end-of-life ethical dilemmas which require hospice programs to make decisions about providing care; 2) list reasons why a hospice should create policies to guide staff in addressing ethical dilemmas; 3) identify resources available to programs to assist in making difficult decisions.

PRESENTER BIO(S): Laurie Jackson is a graduate of Whitworth University, Princeton Theological Seminary, and Columbia University in New York. She is currently completing her Doctorate of Ministry at Knox Theological Seminary. A bioethicist and theologian, she has led hospice, home health, and palliative care in Yakima, Bend and now Chaplaincy Healthcare in Richland. The Surprise Question and Five Wishes have become passion projects for her. Laurie has published one book (Little White Lies and the Seven Deadly Sins, under the name Laurel Jackson); her second, a work of fiction (Parkwood) is in the works. She and her husband Steve (an accountant—Laurie always wins the “Honey, How Was Your Day?” game) are empty-nesters and enjoy their time in the family cabin in Packwood, taking Adventure Days to learn more about our region, and traveling to see their 9 grandchildren. Jackson has served on the Board of Directors for both the Washington State Hospice and Palliative Care Organization and the Oregon Hospice and Palliative Care Association.

Barb Hansen received her BS in Nursing from the Oregon Health and Sciences University and a Master of Arts in Interdisciplinary Studies from Oregon State University with a focus on Gerontology, Community Health and Adult Health Education. She has worked in end-of-life care in many roles since 1986: Home Health and Hospice Nurse Case Manager, Clinical Coordinator, Home Care Surveyor for the Joint Commission, Wound, Ostomy, Continence RN, and Director of a Hospice, a Hospice Inpatient Unit and a Home Health program. Since July of 2015, Barb has served as the CEO of the Oregon Hospice and Palliative Care Association and Executive Director of the Washington State Hospice & Palliative Care Organization. Barb serves on the Oregon POLST Coalition, the Palliative Care and Quality of Life Interdisciplinary Advisory Council, the Oregon Psilocybin Advisory Board and the Advance Directive Advisory Committee.