IN THIS TOGETHER — supporting children & families in grief

IN THIS TOGETHER is a program that supports children, teens and families who have experienced the death of someone close to them. We offer support groups for the whole family, at no cost to participants. Groups are professionally facilitated and offered in the fall and winter each year. Sessions alternate between east and west side Portland locations when in person; virtual sessions also offered.

IN THIS TOGETHER offers a family approach to grief support.

A loss affects the whole family and at our group we believe that healing happens in the family. IN THIS TOGETHER groups benefit families by exploring ways to better understand and support one another. Parents and adult guardians are comforting allies in a child’s process of healing through grief. IN THIS TOGETHER supports the adults to strengthen family communication and bonding.

Who should come to IN THIS TOGETHER groups?

- Any child or teen coping with a death can benefit from our group. We offer a validating and nurturing experience that honors the uniqueness of each child’s situation.
- Children and teens often have less ability to talk about their feelings or to ask for the help they need. By offering facilitated discussions, play and art activities children and teens are better able to express their difficult feelings.
- Adults hoping to open up communication with their children as well as adults seeking an understanding environment to balance their own grief needs with the demands of parenting will find support.

IN THIS TOGETHER responds to requests from the community.

Clinicians are available to work with local schools to create individualized plans that respond to grief support needs in instances where a student, parent, teacher or other influential community leader has died. Our staff can provide educational opportunities for school staff. Grief support resources for the broader community are also available. For information, please call Carrie at Providence Hospice (503.953.5315), Legacy Hospice (503.220.1000) or email

inthistogether@oregonhospice.org.

IN THIS TOGETHER is a program of Legacy Hospice Services, the Oregon Hospice & Palliative Care Association and Providence Hospice Programs. Services are offered to participants at no cost.

To register - call or email:
503.953.5315 (Carrie)
971.930.2008 (Annie)
inthistogether@oregonhospice.org

Clinical Coordinator
Carrie Kilpatrick-White, MSW, LCSW
carrie.kilpatrick-white@providence.org

Clinical Coordinator
Annie Chen, Certified Child Life Specialist
amchen@lhs.org

Program Director
Meg McCauley
mccauley@oregonhospice.org

P. O. Box 592
Marylhurst, OR 97036
www.oregonhospice.org

NEXT GROUP IN FALL 2022
watch for more information

**Kids’ group**

Kids are invited to express their thoughts and feelings through play, art and talking activities. For kids ages 5 and up.

**Teen group**

In the company of peers, teens participate in a talking circle and expressive arts activities. For high school aged teens.

**Adult group**

Adults receive support for their own grieving process and learn how to better understand and support their grieving children.